



The Serra Club of Arlington
Minutes for Tuesday 07 December 2021 Luncheon Meeting
The Portofino Restaurant | Arlington, Virginia



GUEST SPEAKER – Sister Emily Beata, Daughters of St Paul

Sr Emily Beata is originally from a small town southwest of Buffalo, NY. She met the Daughters of Saint Paul when she was 16 and entered the community in 2007. She made first vows in 2012 and final vows in 2018. She has served in her community's mission of evangelization through the media in various capacities: as a children's book editor, in parish evangelization, and in the community's book and media centers. She has been stationed throughout the country: in St. Louis, Boston, Philadelphia, Los Angeles, and in Alexandria, VA since 2014. She has served in vocation ministry since 2012, and as national vocation director since 2018. She has also written two children's books and contributed a chapter to her community's most recent project, "Millennial Nuns."

Highlights from the talk (no order):

- Migrated from group meetings with candidates to on-line presence as a result of Covid
- Receives between 5 and 15 inquiries from interested individuals every week
- “Millennial Nuns” project where eight Sisters each write a chapter
- “Memento Mori” is another project by the Daughters of St. Paul to bring the tradition of Memento Mori - spiritual practice that brings focus to the inevitability of death - into the 21st century. Through an effort spearheaded by Sr. Theresa Aletheia Noble, the self-described “media nuns” are crowdsourcing funds for a new book about the Catholic meditation on death
- Four top questions from interested individuals:
 1. How do I know when God speaks?
 2. How do I pray?
 3. What is the relationship with friends and family when in religious life?
 4. How do I learn more?